



## Exploring the Sunday Gospel at home

**Sunday next before Lent (Year B) Sunday 14 February 2021**

The Gospel reading for this week is from Mark Ch 9 v 2-9

This week's theme is "wearing white". We are encouraged to think about the brightness of the colour white and the relevance of Jesus being clothed in dazzling white.

### *Extracts from the Gospel passage (Mark 9: 2-3)*

Jesus took with him Peter and James and John,  
and led them up a high mountain apart, by themselves.

And he was transfigured before them,  
and his clothes became dazzling white,  
such as no one on earth could bleach them.

### *Gospel prayer*

Lord Jesus Christ,  
your disciples saw your glory  
on the mount of the transfiguration.  
Open our eyes to the brightness of your glory,  
that our lives may be transformed by your presence;  
now and for ever.  
Amen.

### Things to think about

- Think about the colour white. How does it make you feel?
- Think of all the things that are white- creatures, flowers,
- Why is white so important in the Bible?
- What does it represent?

### Things to do

- **Scavenger hunt.** Why not challenge members of you family to find or list as many white things as they can? Try to find the most unusual objects.
- **Changing appearance game.** Each person has to change one aspect of their appearance for other family members to spot. Take a couple of minutes to look carefully at each other before changing one thing. Try putting on a hat or taking off one sock. Slightly harder to spot are actions such as rolling up one sleeve, undoing a button or turning a jumper inside out!
- **Artwork.** Create a dazzling image of Jesus. We have two different versions of this activity with differing levels of difficulty.

#### **Version 1, easier.**

You will need:	White paper or silver, sparkly card, coloured card, chalks, oil pastels or colouring pencils.
	1. Draw or print an image of Jesus onto white paper and cut out. You may want to use sparkly card to make your image even more dazzling!
	2. Using chalk or pastel, draw lines from the centre of the coloured card and smudge them.
	3. Stick the silhouette of Jesus on the coloured card. You may want to add a line of glitter or a metallic pen around the edge of the shape.

**Version 2, more complex.**

You will need:	White paper or silver, sparkly card, coloured card, needle, thread or wool	
		1. Draw or print an image of Jesus onto white paper and cut out. You may want to use sparkly card to make your image even more dazzling!
		2. Carefully, use the needle to punch small holes around the silhouette.
		3. Now punch more holes randomly around the rest of the card.
		4. Using the thread or wool, sew lengths from the silhouette to the edge holes. Use as many bright colours as you like. Try to make the stitching look like rays of light coming from Jesus. Stick the silhouette of Jesus on top of the sewing.
Extension ideas!	Why not use metallic thread to add to the dazzling effect? Or use bright luminous or fluorescent colours?	

The EducationTeam at Liverpool Cathedral would like to acknowledge and thank [EasyBreezySundaySchool.blogspot.com](http://EasyBreezySundaySchool.blogspot.com) for the original ideas used in this week's artwork resource.

Why not share your creations with us? We would love to see what you have been up to! Please email any photos or tag @LivCathedral on social media.