

Sixth Sunday of Easter (Year C) Sunday 22 May 2022

## FAMILY RESOURCES

# THE COACH

**THE GOSPEL READING FOR THIS WEEK IS: The Paraclete (John 14:23-29)**

*Core extract from the Gospel (John 14: 25-27); for reflection throughout the week)*

Jesus said, 'I have said these things to you while I am still with you.  
But the Advocate, the Holy Spirit,  
whom the Father will send in my name,  
will teach you everything,  
and remind you of all that I have said to you.  
Peace I leave with you;  
my peace I give to you.  
I do not give to you as the world gives.  
Do not let your hearts be troubled,  
and do not let them be afraid.'

*Gospel prayer (for use throughout the week)*

Risen Lord Jesus,  
you promised the gift of peace to your people.  
Send your Holy Spirit into our hearts,  
that we may share your peace  
and lay aside all fear;  
for you are the Prince of Peace,  
today and for ever.  
Amen.



*Things to think about*

- Have you ever been involved on a team or group where another person has mentored, coached or trained you? How did they do this?
- Have you ever been able to help someone learn a new skill?
- What do you think are the qualities a coach needs to have?

*Things to do*

- Teach a friend a new skill and find ways to help them improve.
- Make a poster of the steps to success and share with a friend.
- Make a positive mindset rainbow poster.

You will need: plain paper background, coloured paper, scissors, pen or pencil.



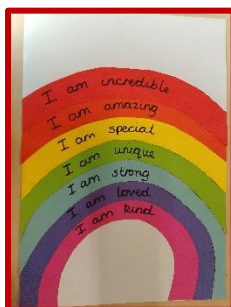
Draw a rainbow with wide stripes on the background paper.

Cut a stripe from each colour paper and stick onto the plain paper.

Write an affirmative phrase on each stripe.



Write your name or that of a friend in the middle of the rainbow.



Remember, you can achieve anything!

## Fifth Sunday of Easter (Year C) Sunday 15 May 2022

Why not share your creations with us? We would love to see what you have been up to!  
Please email any photos to [education@liverpoolcathedral.org.uk](mailto:education@liverpoolcathedral.org.uk) or tag @LivCathedral on social media.