

## **FAMILY RESOURCES**

# **CONFLICT**

### **THE GOSPEL READING FOR THIS WEEK IS Mark 3: 20-35**

#### *This week's theme*

This week's theme is 'Conflict'. We focus our attention on the idea of conflict between good and evil, between our actions and beliefs and how people may perceive us.

#### *Core extract from the Gospel (Mark 3: 20-22; for reflection throughout the week)*

The crowd came together again,  
so that Jesus and his companions could not even eat.  
When Jesus' family heard it, they went out to restrain him,  
for people were saying, 'He has gone out of his mind.'  
And the scribes who came down from Jerusalem said,  
'He has Beelzebul,  
and by the ruler of the demons he casts out demons.'

#### *Gospel prayer (for use throughout the week)*

Lord Jesus Christ,  
you faced conflict in your ministry.  
When we face conflict,  
help us to follow your example,  
that we may choose the right way  
and not the wrong way;  
now and always.  
Amen.



### *Things to think about*

- How do you feel when you fall out or have a disagreement with a friend or someone in your family?
- What are the causes of your arguments?
- Is it easy to apologise and forgive each other?

### *Things to do*

- Play some games that could cause conflict. In a safe space have a **tug of war** contest; have an **arm wrestling** competition.
- Make some **bookmarks** to help you decide the best course of action depending on how severe the problem is. You could use the following headings and colour in shades of the same colour.
  - Small problem. *Will this matter in an hour? Can I carry on with my day? Can I ignore it?*
  - Medium problem. *Do I need to talk to someone? Will I be able to carry on?*
  - Large problem. *Is someone in danger? Have I tried to resolve this before? Shall I ask an adult?*
- Conflict resolution wheel

You will need: Card, scissors, split pin/paper fastener, colouring pencils



Cut a circle out of card.



Divide your circle into segments. The number you choose depends on how many ideas you want to use.



Draw an image and write the instruction on each segment.



Colour in.



Cut an arrow out of card and attach to the centre of the wheel using a split pin/paper fastener.

*Ideas for each segment on your conflict resolution wheel:*

Apologise



Share and take turns

Ignore it

Let it go

Walk away

Count to 10

Make a deal

Ask them to stop

Have a family meeting

Go to another activity

Wait and cool off

Why not share your creations with us? We would love to see what you have been up to!  
Please email any photos to [education@liverpoolcathedral.org.uk](mailto:education@liverpoolcathedral.org.uk) or tag @LivCathedral on social media.