

FAMILY RESOURCES

AMBULANCE

THE GOSPEL READING FOR THIS WEEK IS Mark 5: 21-43

This week's theme

This week's theme is 'ambulance'. We are asked to reflect on Jesus as a healer and think about the powerful acts of healing He performed.

Core extract from the Gospel (Mark 5: 22-24; for reflection throughout the week)

Then one of the leaders of the synagogue named Jairus came and, when he saw Jesus, fell at his feet and begged him repeatedly, 'My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.' So Jesus went with him.

Gospel prayer (for use throughout the week)

Lord Jesus Christ,
you brought health to the sick
and hope to the suffering.
Bless those who bring healing
in our world,
that they may work to praise your name;
now and always.
Amen.



Things to think about

- Have you ever been in an ambulance?
- How do you feel when you see or hear an ambulance?
- How and when should you call for an ambulance?

Things to do

- **The North West Ambulance Service** have some great resources for children on their website: <https://www.nwas.nhs.uk/get-involved/children-youth/resources/>
- Learn some **basic emergency first aid**. St John Ambulance may run courses near you and have youth branches: Badgers for ages 7-10 years and Cadets age 10-17 years. <https://www.sja.org.uk/get-involved/young-people/>
- **Cardboard ambulance**

You will need: cardboard boxes, paper, paint, glue, scissors, and paper plates.



Open up a large cardboard box and cut off the flaps at the bottom. Cut a line from the corner of the larger top flaps and stick the front flap to these to create the windscreen shape.



Optional: If you have a smaller box, stick this to the front of the larger one to form the bonnet.



Cover the boxes in yellow paper or just paint them. Add the dark green and bright yellow checks to the lower edges on each side.



Add the lettering – Emergency Ambulance and any other signage to the sides. Draw a windscreen on the front.



Add paper plates for the wheels and paper cups for the blue lights on top. You may want to add headlights and rear/brake lights to make it even more authentic.

Different ways to make your ambulance

You could make smaller ambulances using smaller boxes; these could be used on road map mats with other toy cars.

Perhaps you could make a toy cardboard ambulance with opening doors to transport injured toys to a hospital.

Add fabric or ribbon straps from front to back to enable it to be worn as a costume.

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to education@liverpoolcathedral.org.uk or tag @LivCathedral on social media.