

FAMILY RESOURCES

WASHING

THE GOSPEL READING FOR THIS WEEK IS Mark 7: 1-8, 14-15, 21-23

This week's theme

This week's theme is 'Washing'.

Core extract from the Gospel (Mark 7: 1-3; for reflection throughout the week)

When the Pharisees and some of the scribes
who had come from Jerusalem gathered around Jesus,
they noticed that some of his disciples
were eating with defiled hands, that is, without washing them.
(For the Pharisees, and all the Jews,
do not eat unless they thoroughly wash their hands,
thus observing the tradition of the elders.)

Gospel prayer (for use throughout the week)

Lord Jesus Christ,
you call your people to
pure and holy lives.
Wash from us all that defiles
that we may serve you with clean hearts;
now and always.
Amen.



Things to think about

- How many times each day do you wash your hands?
- When should you wash your hands?

Things to do

- Help with the washing up every day this week.
- Find out how to make a tie dye T-shirt. You will need an adult to help you.
- Bubble painting

You will need: shallow pots, washing up liquid, paint, paper, straws.

You may want to try this activity outside as it can be a little messy!



Put a mixture of liquid paint and bubble solution or washing up liquid, in each bowl.

Using a straw, gently blow bubbles into the mixture.



When the bubbles reach the top of the pot, place paper over the bubbles to make a print. Repeat this as many times as you like to create your masterpiece.

Different ways to make bubble paintings:

Instead of making bubbles in the pot, try blowing bubbles with the mixture directly onto the paper. A bubble wand could also be used to create bigger bubbles.

Why not share your creations with us? We would love to see what you have been up to! Please email any photos to education@liverpoolcathedral.org.uk or tag @LivCathedral on social media.