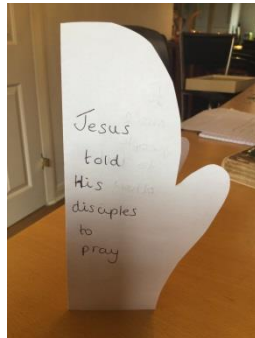


June 14th 2020 Matthew 9:35- 10:8

In this week's reading from the Gospel, Jesus instructs his disciples to pray for more workers so they can spread the good news. Here are some ideas to help you think about this further.

- Praying hands.
 - Fold a piece of paper in half and draw the shape of a praying hand making sure that it touches the fold. Cut round the outside of the hand shape.
 - Using another piece of paper, fold it concertina style so that it can be stuck to the inside of the praying hands.
 - On the front of the closed hands write – Jesus told His disciples to pray
 - On the left inside hand, at the top, write - for more people to tell others
 - On the right inside hand, at the top, write – that Jesus is King.
 - On each of the concertina folded spaces draw and colour a person.
 - Stick each end of the concertina paper to the inside of the praying hands.



- Kindness jar.
 - Think of ways that you can help others, especially during these difficult times.
 - Write each thought or act of kindness on a piece of coloured paper and place in a decorated box or jar.
 - In the future, when you are able to go out and meet people, choose an act of kindness and make it happen!
 - Perhaps some of these actions could happen virtually or by post?

Remember to share your thoughts and responses on social media @LivCathedral

Prayer

Dear God,

We are so thankful that we have heard the wonderful news that Jesus is Alive!

Help us to spread that good news so that the whole world knows that Jesus is alive and loves us so much!

In Jesus' Name - Amen!