

June 21<sup>st</sup> 2020 Matthew 10: 24-39

This week's Gospel reading tells us that even the hairs on our head are numbered and God cares for us all. These activities may help you think about these ideas with young children.

- Build a junk model of a house, perhaps research what house in biblical times would have looked like (low and with a flat roof). Use this to have small play figure share God's love from the rooftop.
- Make an egg head. Use the shell of a boiled egg to grow cress seeds on damp kitchen towel or cotton wool.
- Make a grass head. You will need:
  - Old tights/ stockings
  - Some compost or earth
  - Grass seeds
  - Rubber band or thread
  - for decorating – googly eyes, felt etc
  - A pot for your grass head to sit in!

First decide how big you want your head to be and cut the tights to that size.

Now put a generous amount of grass seeds in before filling with the compost. You might want to add some flower seeds as well and see what happens!

Twist the top round, securing with the elastic band.

To make a face, stick on googly eyes, a felt mouth and maybe try to make a little nose by twisting some of the material into a ball at the front of the face. Secure with another elastic band.

Place in a flower pot with the knotted section at the bottom and water.

Make sure to share your creations on social media @LivCathedral

Prayer

Dear God,

Thank you that you love us and know everything about us.

Help us to remember that we are never really alone and that you understand us when we are happy and when we are sad.

Thank you that your great love will always give us strength and hope.

In Jesus' name – Amen!