

June 7th 2020 Matthew 28: 16-20

In this week's Gospel reading, Jesus tells his disciples to go and share His messages and make disciples. Here are some activities to do together at home to develop this important message.

- Play the traffic light game. One person is the leader who shouts out the colours. Everyone else needs to follow their instructions: Red = stop, Orange = walk slowly and Green = run.
- Play "Simon says" but change the words to "Jesus says go and..."
- If you have a set of dominoes or similar, set them up in a line and then knock the first one over so it knocks the others over. This represents how God's love and message can be shared!
- Make traffic light biscuits. You can either make your own biscuits or use rich tea fingers. Then decorate with melted chocolate on the top and coloured sweets such as smarties, for the traffic lights.
- Make a bead bracelet using these colours which can be given to a friend or used to talk about God's love. *Black = sin, Red = Jesus' blood, White = our sin washed clean, Blue = baptism, Green = us growing in faith and Gold = our reward in Heaven,*
- Teach someone else a new skill, perhaps you will have to learn one first!

Remember to share your creations on social media @LivCathedral

Prayer

Father, we thank you for your love.

We thank you for Jesus who came so that we might have eternal life. We thank you for sending the Holy Spirit to be our comforter and guide.

Help us to be faithful in telling others about your love for them.

In Jesus' name we pray. Amen.