

May 17th 2020 John 14:15-21 If you love me, you will keep my commandments.

In this Sunday's Gospel, Jesus commanded his followers to love, so they could receive the Spirit and have everlasting life. While we cannot see Jesus directly, his command to love points us to his face in others. When we grow closer to others, we grow closer to God. Here are some ideas to do this week focussing on the key themes of love and helping each other.

- Fold a large piece of paper concertina style. Draw large heart shapes and cut round them and open up to make a paper chain of hearts.
- Draw and cut out heart shapes then punch holes and thread onto wool, ribbon or string to make bunting.
- Why not write the names of family, friends and people who help us on these hearts and use them as a focus for your prayers of intercession.
- Make a list or chart of how everyone in your house can help each other this week. Perhaps that might be doing household chores together, helping with schoolwork, or simply making a cup of tea!
- How about trying to learn a new skill together?

Why not share your ideas and creations on social media @LivCathedral

Prayer

Christ Jesus, you came into the world to show us how to live. Help us to follow your commandment of love for one another and do what we can to care for all people, especially those who are poor. Amen.