

May 3rd 2020 John 10:1-10

In today's Gospel reading, we hear that Jesus compares himself to a shepherd who takes care of us, guides us, and leads us away from bad things like the wolves, bears, and lions. These activities will help you to discuss this parable with your child and help them to understand that like sheep, we need to follow Jesus.

- Play a little game of role-play with your child. You can be the shepherd and your child can be a sheep. If you have other children, let them be sheep too. Blindfold your child or let him or her keep both eyes closed. As the shepherd, you must keep your child away from harm as you instruct him or her how to walk around the living room, or around an outdoors obstacle course. Then, switch roles and let your child become the shepherd and lead you around the room. After the game, talk about how important it is for your child to trust in God the same way he or she trusted you when you played the role of shepherd.
- Herding sheep game 1: Blow up balloons to represent sheep. Your children can race against each other to herd the sheep into a sheep pen (perhaps under a chair) by hitting or pushing the balloon with a bat, racquet or just their hands.
- Herding sheep game 2: cover a disposable cup with cotton wool to represent the sheep. Blow up a balloon and let the air out to push the sheep across a winning line. This works best on a smooth surface.
- Puffy paint sheep. To make the paint, mix together 1 tbsp self-raising flour, 1 tbsp salt and a little bit of water until it is the consistency of yogurt. Add food colouring to make different colours for your design. Use this mixture to create a sheep picture. Then pop in the microwave for 30 seconds. It will be warm but set!

Why not share your creations on social media using @LivCathedral?

Prayer

Dear Lord,

thank You for caring for us and keeping us safe. We know that we cannot be spared from every bad thing, but it is good to know that You are there to guide us and to help us in every situation. We are like sheep and need someone to guide and protect us.

Thank You, Lord, for being our Good Shepherd.

Amen.