

Exploring the Sunday Gospel at home

Second Sunday of Epiphany (year b) **Sunday 17 January 2021**

This week's theme is ladders where we recognise that Jesus is a link between Heaven and Earth just as ladders act as links between places.

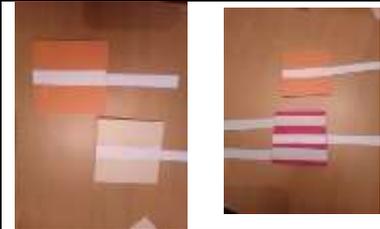
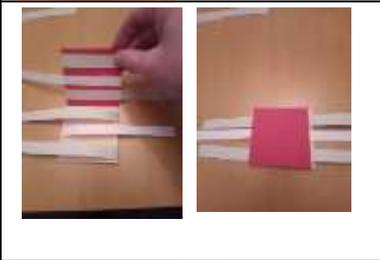
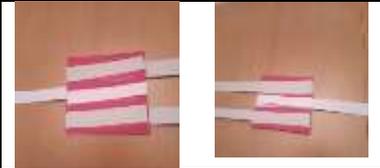
Reflection ideas

Think of all the ladders you have seen or even used. What were they made of? What did they help you to reach? Did you need to have someone else holding the ladder and keep you safe? If you could use a ladder to reach another place, where would you choose to go?

Practical activities.

- Snakes and ladders game.
Draw a squared grid on a large piece of paper and number each square. Now draw as many snakes and ladders on the grid as you would like. You may wish to colour the game too. Play the games as normal but each time you land on a ladder, say thank you to God for something you have enjoyed or been blessed by this week. Each time you land on a snake, ask God to help someone you feel may be in need of thoughts and prayers.
- Build your own model ladder using any modelling materials you may have – bricks, craft sticks, lego perhaps even paper or card. Use this as a focus for your reflections this week. What's the tallest structure you can make? You may want to create an angel that moves up and down the ladder too.
- Jacob's Ladder. Have a go at making one of these using card and ribbon. It could also be used as a focus for your prayers and reflections.

	<p>You will need: 7 squares of paper or card, funky foam, wooden blocks or even chocolate bars! 3 strips of paper per square; 3 x longer than the squares. I used 2 different colours for the paper strips. glue</p>
	<p>1. Stick one paper strip in the middle of each square and fold the extra behind. Do this for all 6 squares</p>

	<p>2. Turn the squares round so the strip is now on the right hand side. Now glue another strip on either side and fold behind. Repeat this with each square</p>
	<p>3. Fold all strips back out and let the glue dry.</p>
	<p>4. Place the first square with the glued side underneath and fold the strips over the side facing you.</p>
	<p>5. Take another square and place the glued side on top of the square on the table making sure the middle strips are on opposite sides.</p>
	<p>6. Fold in and glue the short strips. Fold the remaining strips over but do not glue!</p>
	<p>7. Repeat steps 5 and 6 until you run out of squares. Remember to only glue the short strips!</p>
	<p>8. Use the 7th square to finish off the ladder gluing on the remaining strips.</p>
	<p>9. You can now make the pieces look as if they are falling from the top to the bottom!</p>